

# DEPARTMENT - PHYSICAL EDUCATION

## Courses Offered:

### National 5 Dance

#### Course Content:

The Course provides opportunities for learners to be inspired and challenged by creating, demonstrating and appreciating dance. Learners will use knowledge and understanding of dance techniques and choreographic skills to inform practice. Learners will also develop skills in appreciating theatre arts and dance practice. As learners develop their performing skills in dance, they will learn how to use dance techniques and choreography creatively to enhance performance. They will experiment with a range of dance styles and learn how to apply them to enhance their own performances and the performances of others. Learners will also be encouraged to explore the possibilities of theatre arts..

#### Aims of the Course

- develop a range of technical dance skills
- understand and apply knowledge of a range of choreographic skills to create a dance
- work imaginatively and demonstrate individual creativity
- co-operate, support and work with others
- consider how theatre arts can enhance a performance
- develop knowledge, understanding and appreciation of dance practice
- apply the principles of safe dance practice in relation to physical wellbeing
- evaluate their own work and the work of others.

#### Assessment:

The Course assessment is graded A–D.

To achieve the National 5 Dance Course, learners must pass all of the required Units, including the Added Value Unit. The three required Units are:

Technical Skills	Choreography	Added Value Unit
In this Unit, learners will be required to provide evidence to demonstrate knowledge, understanding and application of a range of technical skills, and apply these within a range of dance styles using safe dance practice.  Learners will evaluate their own work and that of others.	In this Unit, learners will be required to provide evidence to demonstrate knowledge and understanding of choreographic devices and structures, and apply these when planning and creating a choreography for two dancers.  Learners will evaluate their own work and that of others, exploring the impact of theatre arts.	In the National 5 Dance Course, added value will focus on challenge and application.  Learners will draw on, extend and apply the skills they have learned during the Course. This will be assessed through a dance performance. This will involve a solo performance in one dance style as well as producing a piece of choreography and evaluating the process.

#### Additional Information:

- This course is suitable for learners who have passed National 4 level dance or the equivalent.
- Pupils must have an interest in and enthusiasm for developing dance and choreography skills.
- Pupils must have an excellent kit and participation record to select this course.
- **Progression - Higher and Advanced Higher Dance.**