

Name \_\_\_\_\_

## Bleeding (minor)

St John  
Ambulance



1 What is your main aim when treating cuts and grazes?

\_\_\_\_\_

2 Put the following statements into the correct sequence. For each stage, explain why the action is carried out.

Clean the surrounding area with soap and water. Use a clean swab for each stroke.

Why is this done? \_\_\_\_\_

Elevate the injured part above the level of the casualty's heart, if possible.

Why is this done? \_\_\_\_\_

Wash your hands thoroughly and put on disposable gloves, if available.

Why is this done? \_\_\_\_\_

If the wound is dirty, clean it by rinsing it under running water, or by using an alcohol-free wipe.

Why is this done? \_\_\_\_\_

Pat the wound dry and cover it with a sterile gauze.

Why is this done? \_\_\_\_\_

Remove the wound covering and apply an adhesive dressing.

Why is this done? \_\_\_\_\_

3 Give three examples of when you should seek medical aid.

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\_\_\_\_\_  
\_\_\_\_\_

**Young firstaider**

